

***Life Principle Day Eight:***

***Fight all your battles on your knees and you win every time.***

**Today's Reading**  
**Ephesians 6:10-20**



Today's walk takes you through the battlefields we will face in life...battlefields that you must cross on your knees. Satan and his demons are the unseen opponents in these battles. In fact, we could equate the name "Satan" with the word "adversary." He is your enemy and opponent. He has placed some land mines along your path that you will not be able to avoid. But, this adversary is not someone you are able to battle on your own.

God's strategy for your survival through the battle includes prayer. Prayer strengthens you as you turn to rely on God and receive His help. God's word says, "And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints." (v. 18) Prayer is so important that Paul mentions it or

related words five times in verses 18-20 alone. Prayer is one of the keys to safety and health when the battle rages. Although the combat may seem intense and complex, God's battle plans really are pretty straightforward. Prayer and the Scriptures are vital. They enable you to stand firm, stand your ground. Make prayer a vital, repeated, even ongoing experience in your daily life.

Keep in mind that the orders for your battle come from your Commander and Chief. Stick to His plan. Fight all your battles on our knees. When you do, guess what? You will not only be prepared for battle, but you will win every time.

To listen to Dr. Stanley, click here: [http://www.intouch.org/resources/life-principles-to-live-by/content/topic/fight\\_your\\_battles\\_on\\_your\\_knees\\_life\\_principle](http://www.intouch.org/resources/life-principles-to-live-by/content/topic/fight_your_battles_on_your_knees_life_principle)

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